

## **Attention all Junior Coaches!**

- ▶ Need some new ideas for your next coaching session?
  
- ▶ Having problems with correcting weaknesses in your team?
  
- ▶ Need to inject some fun activities to liven up your next session?

Check out the [Online Coaching Centre](http://www.rugby.com.au/onlinecoaching) at Australian Rugby

<http://www.rugby.com.au/onlinecoaching>

- You can view high definition quality video-clips of all activities
- Print out the activities to take to your session
- Let us make up the session or construct your own